

SURVIVAL INSTINCT

Bug Out Bag Checklist

RUCKSACK (GOOD SIZE)	<input type="checkbox"/>	TENT	<input type="checkbox"/>	TARP OR BASHA	<input type="checkbox"/>
SLEEPING BAG & PAD	<input type="checkbox"/>	BLANKET	<input type="checkbox"/>	SPARE PANTS	<input type="checkbox"/>
SPARE SHORTS	<input type="checkbox"/>	SPARE SOCKS	<input type="checkbox"/>	SPARE UNDERWEAR	<input type="checkbox"/>
THERMAL UNDERWEAR	<input type="checkbox"/>	STURDY BOOTS	<input type="checkbox"/>	PONCHO	<input type="checkbox"/>
JACKET OR COAT	<input type="checkbox"/>	BANDANNA	<input type="checkbox"/>	GLOVES	<input type="checkbox"/>
SPARE TSHIRT/SHIRT	<input type="checkbox"/>	WATER BOTTLE	<input type="checkbox"/>	WATER FILTER	<input type="checkbox"/>
WATER	<input type="checkbox"/>	HYDRATION PACK	<input type="checkbox"/>	EMERGENCY BLANKETS	<input type="checkbox"/>
LIGHTWEIGHT FOOD	<input type="checkbox"/>	SPICES & SEASONING	<input type="checkbox"/>	ENERGY BARS	<input type="checkbox"/>
POT PAD/DISH SOAP	<input type="checkbox"/>	CAMPING STOVE	<input type="checkbox"/>	STAINLESS STEEL CUP	<input type="checkbox"/>
WATERPROOF MATCHES	<input type="checkbox"/>	FIRE STARTER	<input type="checkbox"/>	FERRO ROD	<input type="checkbox"/>
LIGHTERS	<input type="checkbox"/>	ALUMINUM FOIL	<input type="checkbox"/>	CAMPING POT	<input type="checkbox"/>
TINDER	<input type="checkbox"/>	VITAMINS	<input type="checkbox"/>	UNTENSILS	<input type="checkbox"/>
SPARE READING GLASSES	<input type="checkbox"/>	SPARE CONTACT LENSES	<input type="checkbox"/>	COMPASS	<input type="checkbox"/>
TORCH BATTERY POWERED	<input type="checkbox"/>	TORCH CRANK POWERED	<input type="checkbox"/>	HEADLAMP	<input type="checkbox"/>
CHEMLIGHTS	<input type="checkbox"/>	CANDLES	<input type="checkbox"/>	SOLAR CHARGER	<input type="checkbox"/>
SPARE BATTERIES	<input type="checkbox"/>	MOBILE PHONE	<input type="checkbox"/>	SPARE MOBILE PHONE BATTERY	<input type="checkbox"/>
HAM RADIO	<input type="checkbox"/>	AM/FM CRANKED RADIO	<input type="checkbox"/>	WALKIE TALKIE	<input type="checkbox"/>
NOTEBOOK	<input type="checkbox"/>	PEN & PENCIL	<input type="checkbox"/>	GPS	<input type="checkbox"/>

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WHISTLE	<input type="checkbox"/>	SIGNALING MIRROR	<input type="checkbox"/>	SMOKE FLARE	<input type="checkbox"/>
TOPOGRAPHIC MAPS	<input type="checkbox"/>	TRASH BAGS	<input type="checkbox"/>	ID & DOCUMENTS (ALSO ON FLASH DRIVE)	<input type="checkbox"/>
TOOTHPASTE	<input type="checkbox"/>	TOOTHBRUSH	<input type="checkbox"/>	SOAP	<input type="checkbox"/>
DEODORANT	<input type="checkbox"/>	WET WIPES	<input type="checkbox"/>	HAND SANITIZER	<input type="checkbox"/>
TOILET PAPER/WIPES	<input type="checkbox"/>	EAR BUDS	<input type="checkbox"/>	FLOSS	<input type="checkbox"/>
SHAMPOO	<input type="checkbox"/>	NAIL CLIPPERS	<input type="checkbox"/>	COMB/BRUSH	<input type="checkbox"/>
FEMININE HYGIENE	<input type="checkbox"/>	PAINKILLERS	<input type="checkbox"/>	FIRST AID KIT	<input type="checkbox"/>
ANTIBIOTIC CREAM	<input type="checkbox"/>	INSECT SPRAY/REPELLENT	<input type="checkbox"/>	BABY POWDER	<input type="checkbox"/>
THERMOMETER	<input type="checkbox"/>	ANTIBIOTICS	<input type="checkbox"/>	SCISSORS	<input type="checkbox"/>
TWEEZERS	<input type="checkbox"/>	N95 MASKS	<input type="checkbox"/>	RESPIRATOR MASK	<input type="checkbox"/>
MOSQUITO NETTING	<input type="checkbox"/>	HAND/BODY WARMERS	<input type="checkbox"/>	SUNSCREEN	<input type="checkbox"/>
PAPER CLIPS	<input type="checkbox"/>	ZIP TIES	<input type="checkbox"/>	BUNGEEES	<input type="checkbox"/>
MICROFIBRE TOWEL	<input type="checkbox"/>	ELASTIC BANDS	<input type="checkbox"/>	LIP BALM	<input type="checkbox"/>
SEWING KIT	<input type="checkbox"/>	CASH	<input type="checkbox"/>		<input type="checkbox"/>
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KNIFE/FIXED BLADE	<input type="checkbox"/>	SPARE KNIFE	<input type="checkbox"/>	POCKET KNIFE	<input type="checkbox"/>
MULTI-TOOL	<input type="checkbox"/>	PRY BAR	<input type="checkbox"/>	HATCHET OR AXE	<input type="checkbox"/>
FOLDING SHOVEL	<input type="checkbox"/>	A GOOD WIRE SAW	<input type="checkbox"/>	FOLDING HAND SAW	<input type="checkbox"/>
SMALL HAMMER & NAILS	<input type="checkbox"/>	SELF-DEFENCE ITEMS	<input type="checkbox"/>	SLINGSHOT & AMMO	<input type="checkbox"/>
MACHETE	<input type="checkbox"/>	TAKEDOWN BOW/ARROWS	<input type="checkbox"/>	PARACORD	<input type="checkbox"/>
DUCT TAPE	<input type="checkbox"/>	FOLDING FISHING ROD	<input type="checkbox"/>	FISHING KIT/HOOKS	<input type="checkbox"/>
POCKET KNIFE SHARPENER	<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>
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